

Green Tea Collagen Latte

5 ingredients · 10 minutes · 1 serving



Directions

1. Heat the almond milk in a small pot over medium-high heat until the milk is warm, about 3 to 5 minutes.
2. Transfer the warmed milk to a blender along with the remaining ingredients. Blend for about a minute until well combined and very foamy.
3. Pour into a mug and enjoy!

Notes

Nut-Free

Use a nut-free milk instead, like coconut or oat.

More Flavor

Adjust the maple syrup according to preference.

Additional Toppings

Sprinkle with additional green tea powder to serve.

Make it Vegan

Omit the collagen powder.

Ingredients

- 1 1/4 cups Unsweetened Almond Milk
- 1/3 oz Collagen Powder
- 1 tsp Green Tea Powder (Matcha)
- 1 tsp Maple Syrup
- 1 tsp Coconut Oil