

Hemp Caesar Dressing

7 ingredients · 5 minutes · 12 servings



Directions

1. Combine all ingredients in a blender and blend until smooth and creamy. Enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to five days.

Serving Size

One serving is equal to approximately one tablespoon.

No Hemp Seeds

Use soaked cashews instead.

Ingredients

3 tbsps Lemon Juice

2 tbsps Extra Virgin Olive Oil

1/2 cup Hemp Seeds

2 Garlic (cloves)

2 tbsps Nutritional Yeast

Sea Salt & Black Pepper (to taste)

1/4 cup Water